ABSTRACT

An endoscope is provided with a pliable tube having an integument layer made of a resin constituting an insertion portion and at least one slender tube element inserted through the insertion portion. The amount of contraction of the pliable tube after application of a thermal load during a high-pressure steam sterilization step is set larger than the amount of contraction of the tube element after application of a thermal load during the high-pressure steam sterilization step.